

Issue 7, 2020-2021

November 2020

*In the pandemic, AAUW is finding a day and finding a way to make a difference.*

## You're Invited to Glam-it-Up at AAUW

### Presidents' Holiday Cocktail Party and Scholarship Auction

December 1, 2020 ★ 3:45 p.m. to 5:45 p.m. ★ VIA ZOOM!



You're invited to "Glam-It-Up" at an AAUW Cocktail Party and Auction. On December 1, 3:45pm-5:45pm, President Sharon-Lee Astle and President-elect Suzanne James will hostess an exciting and glamorous Holiday Party and Auction to benefit our AAUW Scholarship Fund.

To participate, write a \$10 (or more!) check to AAUW (note "Scholarship" or "Dec 1st" on memo line) or donate Artwork, Jewelry, New Item with Tags, Items with Provenance, AND/OR donate your Expertise to make an unforgettable Experience! With a donation to the Scholarship Auction, you'll become one of the AAUW "ZOOM 100!" You'll receive:



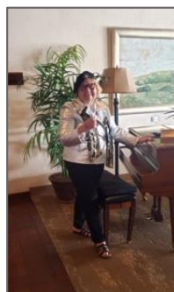
- ✚ Presidents' Holiday Program handmade by **President Sharon-Lee Astle** with details
- ✚ ZOOM invitation to Presidents' Holiday Cocktail Party and Scholarship Auction from **Sara Schmitt** 24-hours before December 1.
- ✚ Your name entered to win Door Prizes by **Suzanne James**
- ✚ Registration for the Presidents' Selected Auction by **Mary Jo Blum** and **Melva Hull** and Special Auction Guide by **Linda Strywoll** and **Patt Bowers**
- ✚ Holiday Mini-Party rights at your home with your trusted group! Extend bidding to your mini-group. (Note, we will deliver the winning items to and collect the cash or check from AAUW Members only. Delivery is within 15 miles of the Foundation Del Webb Room.)

Let's Glam-It-Up and keep the FUN in fund-raising! Holi-dazzle us with your Zoom entrance in Feathers or Leathers, Satin and Lace from 3:45 p.m. to 4:15 p.m. Co-create Champagne Cocktails with **Sharon-Lee** at 4:30 p.m. And bid to win items or experiences offered in the Presidents' Select Scholarship Auction. Our ZOOM event is limited to first 100 email addresses.

Mail a \$10 check (or more!) to Melva Hull 22827 N Arrellaga, Sun City West AZ 85375. Note "Scholarship" or "Dec 1" on memo line. To donate items, contact Sharon-Lee Astle, [sharon.astle1963@gmail.com](mailto:sharon.astle1963@gmail.com) or Mary Jo Blum [maryblum@centurylink.net](mailto:maryblum@centurylink.net) Donate early and often!



Melva Hull



Suzanne James, President-elect



Mary Jo Blum



## AAUW NW Valley Branch President's Letter

The ground beneath our feet changes weekly—sometimes daily. As our standard methodology adapts to accommodate COVID-19 protocols, my MOM's words fly into my head: "We'll find a day, and we'll find a way to make a difference." Attitude was everything for her.

So many of you are finding the ways to produce good outcomes for AAUW. Check out our notes from the Board posted on Facebook and on our AAUW NW Valley website. The September video of our socially-distanced transition of Board of Directors is available there. Book Clubs and SIGs enjoy meeting via ZOOM. **Ann Mitchell's** and **Joye Kohl's** AAUW NW Valley College Connections joined forces with the YWCA via ZOOM. See their report. **Suzanne** led our "outdoor live" Trunk of Treats to raise general revenue funds. Check out the photos on Facebook and our website.



**Sara Schmitt** and **Suzanne James** continue to improve technology for our hybrid General Meetings. In October, 43 members joined in via ZOOM and 26 arrived "live" at the Foundation's Del Webb Room (Capacity there limited to 50 due to COVID.)

COVID restrictions will change the rhythm of our scholarship fundraiser January 25 and 26. Hospitality Chair **Rosemary Dougherty** (with **Sharon Phelps**) worked out a **Calle Rose Fashion Boutique** safely-distanced-shopping experience at Briarwood Country Club with four mealtime choices. See the "Ruby Is In" flier/coupon.

**President Elect Suzanne James, Treasurer Melva Hull, Scholarship Auction co-chair Mary Jo Blum** and I are determined to raise the funds for scholarships, so we are starting November 1. How? We're releasing an Auction Guide for immediate bidding and inviting you to the Presidents' Holiday Cocktail Party and Select Auction via Zoom on December 1. Thanks to **Linda Styrwoll** and **Patt Bowers** for creating our first-ever Scholarship Auction Guide! See the article, watch for the e-blast of the Guide, share it with friends and relatives, **PLEASE DONATE ITEMS, SKILLS and EXPERIENCES or CHECKS, AND purchase items!**

**All money goes to our scholarship funds.**

**Yes, we at AAUW are finding the day and inventing a way to continue making a difference."**

Sincerely Yours,  
Sharon-Lee Astle  
President 2020-2021

## Mission Statement

**AAUW advances gender equity for women and girls through  
research, education, and advocacy.**

**IN THIS ISSUE...**

|                                  |       |
|----------------------------------|-------|
| Presidents' Holiday Party.....   | 1     |
| President's Letter .....         | 2     |
| Mission Statement.....           | 2     |
| Officers and Appointees .....    | 3     |
| General Meeting.....             | 3-4   |
| Zoom Tips .....                  | 4-5   |
| Speakers and Programs.....       | 6     |
| COVID 19 Etiquette .....         | 7     |
| John Hopkins COVID Info.....     | 8     |
| Women Scholars During COVID..... | 9     |
| Membership .....                 | 10    |
| Celebrating 40 Years.....        | 11    |
| Trunk of Treats.....             | 12    |
| Looking back to the 80s.....     | 13    |
| College Connections .....        | 14-16 |
| Public Policy.....               | 17    |
| SIG's.....                       | 18-24 |
| Fall Forum Flyer .....           | 25    |
| Holiday Breakfast Flyer .....    | 26    |
| Ruby is Red Flyer.....           | 27    |
| Calendar .....                   | 28    |
| Bylaws .....                     | 29-36 |

**2020-21 Officers**

Sharon-Lee Astle, President  
 Suzanne James, President-Elect  
 Joyce Olson and Sara Schmitt, Program Co-chairs  
 Linda Styrwoll and Betty Merwin, Co-membership Chairs  
 Melva Hull, Finance VP/Budget  
 Kathleen Long and Patt Bowers, Co-recording Secretaries  
 Sheryl Saddoris, Corresponding Secretary/Sharing and Caring  
 Sharon Phelps, Past President

**2020-21 Chair and Appointees**

Karen Olson Smith, Red Envelope  
 Mary Jo Blum and Karen Diaz, Special Interest Groups  
 Lu Marchese, Scholarship  
 Rosemary Dougherty, Hospitality/Publicity/  
 Fashion-Show Event  
 Bonnie Boyce-Wilson, Public Policy Co-chair  
 Ann Mitchell, College Connection  
 and Joye Kohl, College Connection  
 Survey Summary, Facebook Administrator  
 Barbara Lashmet, Honoria  
 Nancy Wilson, Directory/Records  
 Beryl Flathman-Braaten, Membership Mentor  
 Joan Miner, Eblast/Webmaster  
 Joyce Keane and Harriet Grau, Stem  
 Dorothy Alexander and Ronda Clark, Newsletter Co-Editors  
 Dale Moran, COVID Protocols

**NOVEMBER HYBRID GENERAL MEETING****Zoom and In-Person***(Zoom link will be sent on Wednesday, November 18)***Speaker: Jewel Ray Chaudhuri****Thursday, November 19 – 9 a.m.**

**Due to COVID Protocols, 50 "live" participants and rest via ZOOM.  
 Reservations may be made via e-mail to [shrnphelps45@gmail.com](mailto:shrnphelps45@gmail.com)**



**Sun City West Del Webb Foundation Room  
 14465 RH Johnson Boulevard  
 Sun City West, AZ 85375**

**November Hybrid General Meeting**  
by Sara Schmitt and Joyce Olson – Program Co-chairs

**Thursday, November 19, 9 a.m.**

**Three Hacks to Manifest Power, Success and Confidence NOW!**  
**Speaker: Jewel Ray Chaudhuri, Ph.D.**

**Jewel Ray Chaudhuri, Ph.D.** through her company **Revisioning My Life** helps professional women struggling with boredom, burnout and a loss of meaning in life to use their inner power to create lives of freedom, meaning and joy; in essence to create lives they love on their own terms.

Jewel spent over 25 years at New York Life, working in both the Group Insurance Department as an underwriter and in Management Development and Training. She completed her Ph.D. and wrote her dissertation on female executives and their experiences of power. Jewel believes that granting power to themselves is important for women.

After completing her Ph.D., she then went on to coach training and is trained as an ontological coach, working with body posture, emotion and language to bring about transformational change in a person's life. Her specialty is women's empowerment and self-mastery.



Jewel is also a jewelry artist and lives with her husband in Peoria and spends part of the year in India.



[jewel@jewelrchaudhuri.com](mailto:jewel@jewelrchaudhuri.com)

**ZOOM (NOT SO SCARY) TIPS AND TRICKS**  
by Sara Schmitt

As we prepare for our second ever hybrid **NWV AAUW meeting on Thursday**, here are some tips and tricks to get the most out of your Zoom experience.

1. **MUTE** – stay on mute if you won't be talking! That way no one can hear your dog, doorbell, or husband in the background. It happens more than you think!
2. **VIDEO** – to turn your mute or video on or off, hover your cursor at the bottom left-hand corner of your computer screen. When listening to a speaker, feel free to cover your camera or turn your video off.
3. **SCREEN VIEW** – In the upper right-hand corner of your screen you can choose speaker view or gallery. Speaker view will allow you to see only the person speaking.
4. **CHAT** – during presentations you can use the chat to ask questions of the speaker. In the upper right-hand corner of your computer screen exit full screen. Then hover your cursor at the bottom of the screen in the center and click chat.
5. **HEADSET OR HEADPHONES** – I like to use a headset when I am on Zoom so others at my home aren't bothered by my meetings. It also may be easier to hear the meeting!
6. **CHANGING YOUR NAME** – Right click on your name in your picture. Choose rename and type in your full name so that everyone knows who you are!
7. All of these instructions are a little different on an iPad or tablet. If you have any questions, e-mail Sara Schmitt at [saradunn2004@yahoo.com](mailto:saradunn2004@yahoo.com)



## **MORE ZOOM TIPS**

by Ronda Clark and Dorothy Alexander

### **How to Join a ZOOM Meeting**

1. First, go to zoom and sign up for a free account. A shortcut should automatically be put on your desktop.
2. When you receive an email with an invitation to join a meeting, just click on the blue link in the email at the time scheduled.
3. Follow the prompts when asked about joining the meeting, using your computer audio and video.
4. Once in the meeting, click on the mic icon at the bottom left of your video picture if there is a red line through it.
5. Want to change your name on your session's video picture? Right click on it and rename.
6. Continue by trying out all the options and tabs, with a friend.

### **How To Host A ZOOM Meeting:**

1. Click on the ZOOM Desktop Icon, shortcut, or icon
2. Click on Schedule
3. Fill in Topic (optional) if you wish.
4. Scroll to When and enter Date and Time of your meeting
5. Duration is 40 minutes (can be repeated by host ending meeting and clicking email link again).
6. Next to Video, make sure to choose Host and Participant as On; then Click on Save.
7. On the page that opens, Click on Copy Invitation and right click on Copy (in some cases a page opens that asks you once again to Click on Copy Invitation).
8. Paste the invitation in a composed email and send it to yourself and all participants. Keep that email handy in case you have to restart a meeting, or get lost in the various tabs during a meeting.

### **Presentation**

1. Remember that you are on camera.
2. Keep the background presentable also, with no open doors, distractions, clutter, etc.
3. Make sure you have a good light source in front of you. Turn off any ceiling fan that can be seen.
4. Don't be fidgety. Any kind of movement is noticeable to all.
5. Be polite and take turns. Do not interrupt others.
6. Let the Host control the conversation "flow." The Host will recognize you if you raise your hand.



## Speakers and Programs

by Sara Schmitt and Joyce Olson – Program Co-chairs

Looking back, we had the opportunity to learn from these experts in their fields.

### September—Building a More Resilient Immune System



We had a fantastic kick-off to our 20/21 season with our first speaker **Melissa Diluzio** from Surprise, Arizona, appearing by Zoom! **Melissa**, a Certified Integrative Nutrition and Wellness Coach, BBA, AADP, gave us a great overview of our immune systems and some tips for improving our health. Melissa offers complimentary 30-minute sessions to anyone interested in learning about how Health Coaching can improve their health. She shared a quote from Ann Wigmore that states . . .

**“The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison.”**

We had close to 40 people who joined by Zoom including some who were in much cooler locations like Minnesota. Everyone did a great job of asking questions using the chat box to get the conversation going.

### October—For the Love of Turquoise



Our October speaker was **Carrie Cannon** who is an Ethnobotanist for the Hualapai Tribe of Peach Springs, Arizona. She works to ensure ethnobotanical knowledge is preserved and passed down to new generations. She spoke about the traditions of Turquoise among cultures of the Southwest and the world. **Carrie** is a member of the Kiowa tribe of Oklahoma and is also of Oglala Lakota descent. She has a B.S. in Wildlife Biology, and an M.S. in Resource Management. She began working for the Hualapai Tribe of Peach Springs, Arizona, in 2005 where she began the creation of an intergenerational ethnobotany program for the Hualapai community.



**Carrie's Turquoise can be viewed and purchased at**  
**<https://www.etsy.com/shop/CanyonRhythms>**








Turquoise has a long-standing tradition amongst Native cultures of the Southwest, holding special significance and profound meanings to specific individual tribes. Found on six continents across the world, turquoise forms in arid regions through the process of water seeping through rock and interacting with copper, aluminum, and iron deposits. In the southwest, used decoratively for millennia, this iconic art form has a compelling story all its own. This talk explored a long tradition of distinctive cultural styles, history, and transition of this wondrous stone.



## COVID 19 Etiquette

by Dale Moran  
COVID Protocols



-  **Masks**  
Out in public; wear a mask as virus droplets can travel MORE than 6 to 12 feet. **Someone not wearing a mask or wearing it incorrectly**, Choose your battles—a good response is "OOPS, it looks like your mask slipped."
-  **Handwashing**  
Use hot water and soap, lather up about 6 inches above your arm while singing "Happy Birthday" twice
-  **Greeting People**  
Namaste works. Bow and place hands in prayer position; this is done at a distance, no elbow bumps.
-  **Elevators**  
A short trip is LOW risk if everyone is wearing a mask
-  **Payments**  
Cash/check/credit cards—pay by credit card and always thank the staff
-  **Sneezing**  
Sneeze into mask; this keeps the particles contained and away from others. Replace with clean one and **ALWAYS** carry more than one clean one
-  **In the grocery aisle**, don't bother, just move or keep your distance unless the person is acting irrationally or in an unsafe manner. Call the manager.



If you need further info, email me and I will try to find answers or reference for our NWV-AAUW members  
Disclosure: I am not a MD or an epidemiologist but do have advanced certification in health studies.  
Please email me at [dalenherb@gmail.com](mailto:dalenherb@gmail.com).

**John Hopkins Information on Corona Virus from NY Times**  
by Sharon-Lee Astle

**Every day, some 43,000 new cases are being reported!**

- ✚ This virus is not a living organism. It is a protein molecule (RNA or DNA) covered by a protective layer of lipid (fat), which, when absorbed by the cells of the ocular (eyes), nasal (nose) or buccal mucosa (mouth), changes their genetic code (mutates) and converts into aggressor and multiplier cells.
- ✚ Since the virus is not a living organism, but is a protein molecule, it cannot be killed. It has to decay on its own. The disintegration time depends on the temperature, humidity and type of material where it lies.
- ✚ The virus is very fragile; the only thing that protects it is a thin outer layer of fat, and that is the reason why soap or detergent is the best weapon. The foam CUTS THE FAT (that is why you have to scrub for 20 seconds or more, to create lots of foam). By dissolving the fat layer, the protein molecule disperses and breaks down.
- ✚ HEAT melts fat; this is why it is necessary to use water above 77degrees for hand washing, laundry and cleaning surfaces. In addition, hot water makes more foam, making it more effective.
- ✚ Alcohol or any mixture with alcohol over 65% DISSOLVES ALL FAT, especially the external lipid layer of the virus.
- ✚ Any solution with 1 part bleach and 5 parts water directly dissolves the protein, breaking it down from the inside.
- ✚ Oxygenated water increases the effectiveness of soap, alcohol and chlorine, because peroxide dissolves the virus protein. However, because you have to use it in its pure form, it can damage your skin.
- ✚ NO BACTERICIDE OR ANTIBIOTIC WILL WORK because the virus is not a living organism like bacteria; antibodies cannot kill what is not alive.
- ✚ The virus molecules remain very stable at colder temperatures, including air conditioning in houses and cars. They also need moisture and darkness to stay stable. Therefore, dehumidified, dry, warm and bright environments will degrade the virus faster.
- ✚ UV LIGHT on any object that may contain the virus breaks down the protein. Be careful, it also breaks down collagen (which is protein) in the skin.
- ✚ The virus CANNOT go through healthy skin.
- ✚ Vinegar is NOT useful because it does not break down the protective layer of fat.
- ✚ NO SPIRITS, NOR VODKA, serve. The strongest vodka is only 40% alcohol, and you need a minimum of 65%.
- ✚ LISTERINE is 65% alcohol.
- ✚ The more confined the space, the higher the concentration of the virus there can be. The more open or naturally ventilated, the less.
- ✚ You have to wash your hands before and after touching any commonly used surfaces such as: mucosa (mouth area), food, locks, knobs, switches, remotes, cell phones, watches, computers, desks, etc. . . and don't forget when you use the bathroom.
- ✚ You have to MOISTURIZE YOUR HANDS due to frequent washing. Dry hands have cracks and the molecules can hide in the micro cracks The thicker the moisturizer, the better.
- ✚ Also keep your NAILS SHORT so that the virus does not hide there.



# ATTENTION!

## WOMEN SCHOLARS DURING COVID: SOLUTIONS FOR GENDER EQUITY IN ACADEMIA

by Beryl Flathman

**Hear ye! Hear ye!**

**America, we need to WAKE up!** Recently, I had the opportunity to participate in an online Webinar sponsored by [equity@aauw.org](mailto:equity@aauw.org). This Webinar gave me much to think about . . .

Have you ever thought about women in academia pursuing advanced degrees, particularly Research?? And how hard that would be if you had children at home? It occurred to me that in my generation a woman had to choose between career and family. Is it still true??? Are we supporting these women who want to do Both!!? YES....THANK YOU AAUW!!!

**Jessica Malisch** is one we have supported in Research, and she shares what her work with 17 other academics exploring gender issues has discovered:

- ✓ **Diversity: We must have gender Equality.**  
COVID has added to the work load, and children are at home.  
Increased mentoring load.
- ✓ **We have a Leaky Pipeline**  
MORE women than men graduate from college  
About the same women and men graduate with Master's Degree  
Women are NOT equal in PhD and in Research (28%)
- ✓ **Women with children are less likely to get tenure and promotion**  
Need summer salary for Research  
Need compensation for child care  
In times of stress there is Biased Decision-Making Power  
Therefore Equity given less time, and this will:

**IMPACT FUTURE ACADEMIA - WAKE up, America?**



## MEMBERSHIP MENTORSHIP COMMITTEE

by Beryl Flathman

**Will you join our new Mentorship Committee? We invite you to become part of our Mentorship Committee to keep track of our 55 new members.**

### JOB DESCRIPTION

- Receives all contact information AFTER the Membership Committee has thoroughly processed and sent information to appropriate leaders (including SIGS).
- Mentorship then makes sure the New Members are getting the information they need, and they are getting involved in AAUW activities as they specified on their membership applications.
- Chairman or committee member will attend all Membership Committee Meetings.
- Will take care of New Member Table (Tables) at each General Meeting, and will see that New Members have comfortable seating at our Annual Luncheon Fund Raiser.
- Chairman or Committee Member will be responsive to all New Member Coffees, and will be introduced as the "go-to" person once they are fully a member.
- Will keep attendance for Regular Meetings, and will record those not attending, or gone 3-4 times a year with the Membership Committee.
- Will contact new member (s) two months after joining/receiving paperwork from membership committee - and every 2 months that year, 2 or 3 times the Second Year of membership.
- Will contact older, long-time members - once at mid-year for those who have not been to a general meeting yet, and again toward End of Year and urge them to attend Christmas Breakfast, the Fashion Show or End of Year Luncheon. Urge Year Rounders to consider our summer luncheons, and ask them to come and join us at a table.
- If people are not attending try to find out what SIGS they are interested in. (Some may be doing interest groups and not doing general meetings because of time conflicts).

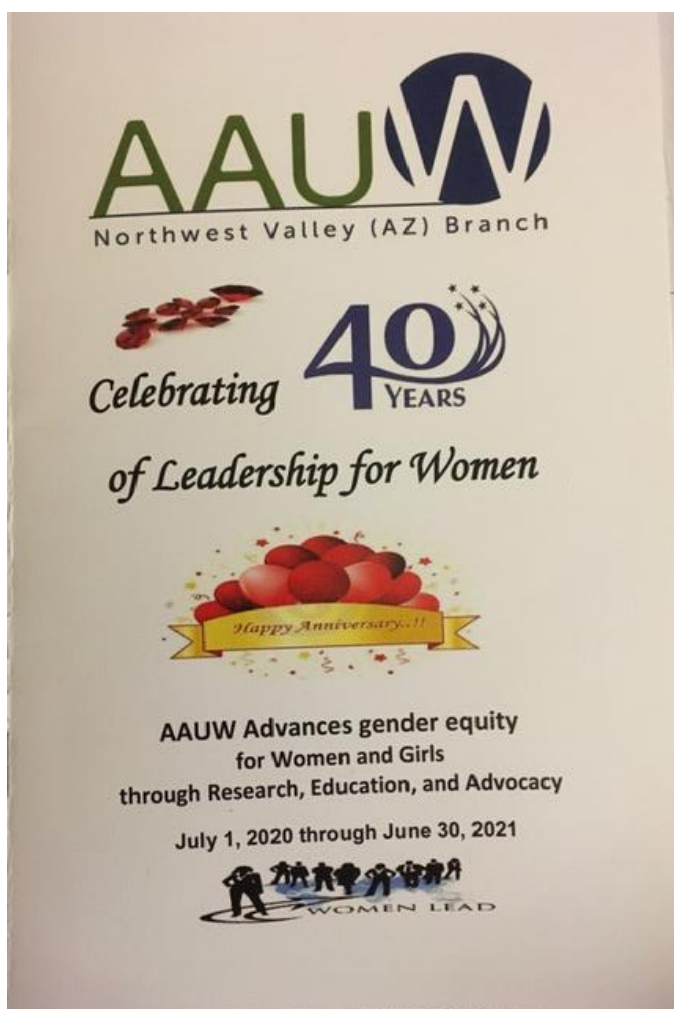


**We would appreciate opinions and suggestions from you, our members!**

**THANKS! [berylflathman713@gmail.com](mailto:berylflathman713@gmail.com)**

## CELEBRATING 40 YEARS

by Nancy Wilson



### AAUW-NWV Anniversary Directory

AAUW is celebrating the success of 40 years of Community Activism, Scholarship Fundraising, and hundreds of Friendships in the NWV. In honor of this, your Directory arrived with a different look this year.

You will notice the cover is in color, featuring rubies, ruby red balloons, and the AAUW Mission statement. We were able to do this thanks to members who purchased ads on pages 1, 3, 42, back cover inside and back cover.

On page 3, we have included a table of contents (we have had requests for this; let us know if you like it). The mailbox address, AAUW resource websites and Arizona State information have been moved from the back of the book. Please make note the following pages.

- 🎉 p. 16 "Trunk of Treats"
- 🎉 p. 18 "Ruby is in: It's our 40<sup>th</sup> Year!"  
Scholarship Fundraiser
- 🎉 p. 20 Summer Events and July 4<sup>th</sup> Drive by
- 🎉 Consult p. 3, to locate all other information.

Lastly, the Directory was late because as we are all aware, the pandemic effects everything we do. Many planning changes needed to be made by President Sharon Astle, board members, and committee appointees, to accomplish these tasks. We extend our thanks to all of them. Their results equal a terrific 40<sup>th</sup> year for all of us!

Nancy Wilson, AAUW-NWV Directory

**AAUW-NWV RUMMAGE SALE FUNDRAISER****“TRUNK OF TREATS”**

**LOCATION:** Desert Garden United Church of Christ Parking Lot  
18818 N 128<sup>th</sup> Avenue  
Sun City West 85375



**Jan Murphy**



**Sharon Phelps and Suzanne James**



**Joyce Olson**

The **AAUW-NWV Rummage Sale Fundraiser** got off to a great start on Wednesday morning, October 28, at 7 a.m. On this cool morning—47 degrees, we find trunks loaded with many items for sale. There was a steady flow of individuals coming to browse and buy. The rummage sale continued through Saturday, October 31. Thanks to all who purchased items at the sale, thanks to all who contributed items for sale, and thanks to all who planned this event.

Many, many, thanks and appreciation to the **Desert Garden United Church of Christ** for allowing our group to use the parking lot for the sale.

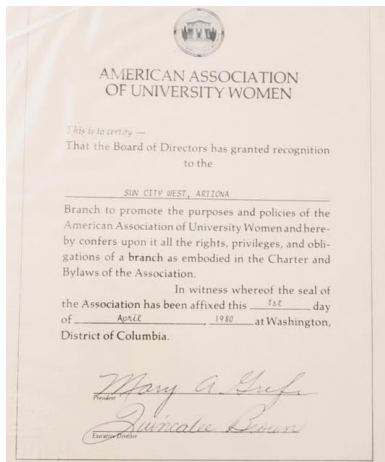
**Chair:** Suzanne James. [suzannesjames@gmail.com](mailto:suzannesjames@gmail.com)

**Committee:** Rosemary Dougherty, Sharon Phelps, Melva Hull



## 40<sup>th</sup> Anniversary – Looking Back to the 80's

### Our Certificate of Formation April 1, 1980



**AAUW Board of Directors  
granted recognition to the  
Sun City West, Arizona, Branch  
to support the purposes and policies of the  
American Association of University Women  
and hereby confers upon it all the  
rights, privileges, and obligations  
of a branch as embodied in the charter  
and Bylaws of the Association.  
In witness whereof the seal of the Association  
has been affixed this  
1<sup>st</sup> day of April, 1980  
at Washington, District of Columbia.**







## COLLEGE CONNECTION TEAM

by Ann Mitchell, Chair – College Relations  
AAUW - Arizona



### NCCWSL Information and Application

**AAUW National Conference for College Women Student Leaders (NCCWSL)**

**May 26- 29, 2021**

**University of Maryland in College Park, Maryland**

**In 2019, 800 students attended NCCWSL.**

The AAUW website has information about registration, costs, the agenda, and scholarships. Go to: "Attend NCCWSL - AAUW" for the details.

On **November 2, Early Bird registration opens**. This approach will save a student \$100 off the cost of the regular registration fee of \$585. Also available at the website is the application for a national NCCWSL Scholarship. This scholarship could cover the cost of the entire registration.

**AAUW-AZ has two awards available for Arizona college or university students to attend NCCWSL. Each award is worth \$1,500/student** to cover the cost of the registration fee and travel expenses. The student must pay for the conference and travel costs out of pocket before attending the conference. They will be reimbursed upon their return and submitting their receipts. **See the attached NCCWSL application. Completed applications are due by January 15, 2021.** This conference is considered the premier event for college women in the United States and globally. Please encourage students at your local colleges and universities to apply.

### Faces of AAUW

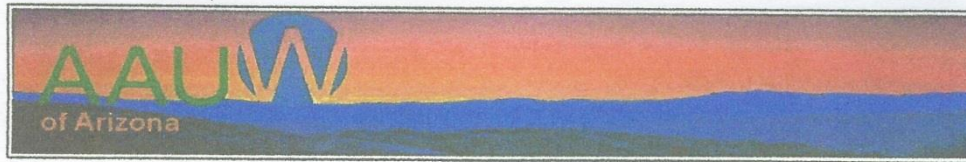


When We Empower Women.....  
She does not just change herself -  
she changes her household,  
she changes her community, and  
it's possible she changes the world.



--By A Past NCCWSL Attendee

**NOTE: Please print application on the following page and give to potential scholarship recipients.**

**AAUW Arizona NCCWSL Application**

Name \_\_\_\_\_

College/University \_\_\_\_\_

Email /Campus \_\_\_\_\_

Year in School \_\_\_\_\_ Major \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email /Personal \_\_\_\_\_

Phone \_\_\_\_\_

**On a separate page, respond succinctly to the following questions:**

1. What do you hope to gain from the National Conference for College Women Student Leaders and how would you potentially use your experience on your campus and in your community? \*\*\*
2. Community Involvement and Leadership Experience: Please list any community/ civic involvement or extra-curricular activities in which you have participated during the past two (2) years, including dates of the activity and leadership positions you have held.
3. You are required to be available during the 2021-2022 academic school year to speak to the members of AAUW Arizona and/or college student groups about your experience at NCCWSL. How do you propose to complete this obligation? (for example, virtual presence, attendance at meetings, via multi-media presentation, etc.)?
4. Please itemize your proposed expenses and the amount of AAUW Arizona funds you are requesting. Depending on the number of applicants, and as approved by the state board, a limited number of scholarships of up to \$1500 each will be awarded.
5. Provide letter of recommendation from one of your college professors who can speak to your character, qualities, and career aspirations.

**Please e-mail your completed application and recommendation to  
Ann Mitchell at: awmitchell@hotmail.com.**

**Your application must be received by January 15, 2021 to be considered for this  
award.**

## **AAUW Partnership with the YWCA**

by Ann Mitchell, Co-chair, College Connection Team

The NWV branch College Connection Team is in the process of establishing a partnership with the YWCA Metro Phoenix. A virtual panel discussion program is in the planning stages and will cover topics of interest for college students such as the pay gap, wage negotiation, college debt, and balancing family, job and classes. The panelists will include: Sara Tyree, our NWV branch member; Alexis Hermosillo, Mayor of the City of El Mirage; and Lisa Cagnolatti, executive-in-residence for the MBA program at ASU. The program, via Zoom, is scheduled Thursday, November 19, 2020, from 3:00 to 4:00 P.M.. If you would like to attend the program, please contact, Michelle Ramos, Prosperity Programs Director at the YWCA, at - [Michelle.ramos@ywcaaz.org](mailto:Michelle.ramos@ywcaaz.org).

### **Some NWV branch members are participating in the YWCA's 21 Day Challenge.**

For Week #4, the focus was on "The Economics of Being a Women". The challenge on Day #17 was about How Student Loans Affect Women. AAUW reported that women hold approximately 2/3 of student debt in the nation and struggle more to pay it off - in part because of the gender pay gap. AAUW was credited with being a partner with the YWCA and provided their policy recommendations on ways to lower the student loan debt of women. College graduates are considering delaying marriage, starting a family and buying a home because of their student loan debt. A college education is more important and more expensive than ever before, but the pandemic is causing students to re-evaluate if their education is worth the cost.



**YWCA IS ON A MISSION**

**Michelle Ramos | Prosperity Programs  
Director**

**T: 602.258.0990 C: 480.529.3686  
E: [Michelle.ramos@ywcaaz.org](mailto:Michelle.ramos@ywcaaz.org)**

**YWCA Metropolitan Phoenix  
2999 N. 44<sup>th</sup> Street, Suite 250  
Phoenix, AZ 85018  
[www.ywcaaz.org](http://www.ywcaaz.org)**

## PUBLIC POLICY

### How to Become a Two-Minute Activist

by Bonnie Boyce-Wilson, Public Policy Co-chair

I just watched the movie, The Glorias on Amazon Prime. This is the story of Gloria Steinem from her childhood to her leading role in the women's liberation movement. It is a powerful story of progress but also served to remind me that so many women's issues continue to face us. Maybe you wonder how you can help.

Our branch is fortunate to be adding new members every month so we may have members who are not aware of the huge impact AAUW at the national level has on issues. Just check out the website at **AAUW.org**. **AAUW's Public Policy Priorities**, adopted every two years by every-member vote, establish the federal action issues on which AAUW members across the country focus their advocacy

efforts and guide the work of the national staff. States and branches should also use the Public Policy Priorities to inform their advocacy efforts on state and local issues.

One of the easiest ways for you to be involved is to sign up for AAUW's Two-Minute Activist Tool. The cornerstone of AAUW's e-advocacy is needed most. With the Two-Minute Activist (aauw.us/twominuteactivist) online tool, it takes no time to contact your legislators and make your voice heard. Anyone with an email address can subscribe. If you prefer, text AUW to 21333 to get action alerts by text.

**Do your part. Sign up for Action Alerts now.**



## LEAGUE OF WOMEN VOTERS

LWV website for useful voter's tools!

<https://my.lwv.org/arizona>



Voting gives us an opportunity to go online and research candidates and issues that we aren't as familiar with such as judges and propositions. With researching, we become more informed and better voters.

You will be able to . . .

1. see everything that will be on your ballot,
2. compare candidates' positions side-by-side,
3. read each proposition carefully to make wise decisions,
4. print out a personalized ballot with your choices to take with you on Election Day.
5. and remember to track your ballot

Just text **JOIN** to **628-683** for automated text alerts on your ballot or visit **BallotStatus.Maricopa.Vote.**

